

Table 2: Summary table of pregnancy safety for corticosteroids, DMARDs, anti-TNFs and other biologics. The information is from the British Society for Rheumatology (BSR) and has been updated with more recent guidance from the American College of Rheumatology (ACR). Please talk to your doctor before starting or stopping any medications. See our pregnancy webpage for more information.

Drug type	Drug name	Can it be taken by a woman when trying for a baby?	Can it be taken during pregnancy?	Can it be taken when breastfeeding?	Can it be taken by a man when trying for a baby?
Steroids	Prednisolone Methylprednisolone	✓ Yes	✓ Yes	✓ Yes	✓ Yes
	Hydroxychloroquine	✓ Yes	✓ Yes	✓ Yes	✓ Yes*
DMARDs	Methotrexate	✗ Stop three months before	✗ No	✗ No	✓ Yes*
	Sulfasalazine	✓ Yes	✓ Yes	✓ Yes if the baby is healthy	✓ Yes
	Leflunomide	✗ No you'll need treatment to remove it from your body beforehand	✗ No	! No data	✓ Yes*
	Azathioprine	✓ Yes	✓ Yes	✓ Yes	✓ Yes
	Ciclosporin Tacrolimus	✓ Yes	✓ Yes	✓ Yes*	✓ Yes*
	Cyclophosphamide	✗ No	✗ No	✗ No	✗ No
	Mycophenolate mofetil	✗ Stop six weeks before	✗ No	✗ No	✓ Yes*
	IVIg	✓ Yes	✓ Yes	✓ Yes	✓ Yes*
	Anti- TNF	Infliximab	✓ Yes	✓! Yes, but consider stopping at 16 weeks	✓ Yes*
Etanercept Adalimumab Golimumab		✓ Yes	✓! Yes, but consider stopping at end of second trimester	✓ Yes*	✓ Yes*
Certolizumab pegol		✓ Yes	✓ Yes	✓ Yes*	✓ Yes*
Other biologics	Rituximab	! Usually advised to stop six months before	! Only consider after specialist advice if no alternative drug available	✓ Yes*	✓ Yes*
	Abatacept Anakinra Belimumab Tocilizumab Ustekinumab Secukinumab	✓ Yes, but stop when pregnant	! Only consider after specialist advice if no alternative drug available	! Limited data	! No data

*These drugs are considered to be safe, but the data gathered from the research is limited. It's important to discuss these with your doctor.